

THE BATTLE AT MIDWAY - FREQUENTLY ASKED QUESTIONS

Q: What is the order of events for the race weekend? What do I do first?

A: TRIATHLON: You must first pick up your race packet, receive a wrist band (this must stay on at all times and throughout the event), a goodie bag and race t-shirt & timing chip. Packet Pickup will take place at the Soldier Hollow Legacy Park from 2PM - 9PM on Friday. Next, you will leave Soldier Hollow and head to transition 1 at Island Bay Resort at Deer Creek Reservoir to check your bike into transition (Bike check-in is ONLY ON FRIDAY). Bike check-in takes place from 2PM-10PM on Friday. Saturday morning, beginning at 5am, transition opens and you get body marked.



DUATHLON: Duathlon athletes have 2 opportunities to pick up their packets. 1st on Friday (6/13) from 2-9PM and again on Saturday (6/14) from 12-3PM at the Soldier Hollow Expo area. There is NO PACKET PICKUP ON SUNDAY MORNING FOR DUATHLON. Bike check in will take place Sunday, race morning, for all duathlon competitors from 5:30-7AM. The race will start promptly at 7AM.

Q: What is the expected water temperature in Deer Creek Reservoir?

A: Water temps will be around 55 degrees Fahrenheit, wetsuits are allowed. Average high air temp is 77 degrees F., while average low is 41 for June.

Q: Are wetsuits allowed for the Triathlon?

A: YES, wetsuits are allowed in a USA Triathlon sanctioned event if the water temperature is 78 degrees or below. The USAT Officials will test the water temperature on race morning.

Q: How do I get to the swim start and bike transition at Island Bay on race morning for the Triathlon?

A: All athletes, and spectators will be shuttled on race morning to the race start. Shuttles will begin running from the Soldier Hollow Legacy Park at 4:30AM on Saturday morning and will run until 6:30AM. Shuttles will then start running back to Soldier Hollow beginning at 7AM, the shuttles will run until all spectators have been taken back to Soldier Hollow for the run and finish. We anticipate that the last bus should arrive back at the finish line at 9AM, depending on how long spectators stay at the swim start. Spectators ARE NOT required to go to Island Bay for the swim start, they are welcome to stay at Soldier Hollow where the expo will be going on (7AM-12PM) along with the run portion of the race and the finish line!

Q: What do I do with my shoes and shirt, i.e. belongings once I get to swim start?

A: Each participant will receive 2 drawstring bags, your wet gear bag and dry gear bag stickers are to be placed on these bags. One bag is for your dry clothing that you will have on before the race at transition 1. You will put these dry clothing belongings inside this bag and drop in the back of a truck near the swim entrance. Your second bag is for your wet clothing after the swim. ALL REMAINING ITEMS IN YOUR AREA MUST BE PLACED IN THIS WET CLOTHING BAG BEFORE YOU LEAVE TRANSITION FOR THE BIKE PORTION OF YOUR RACE!!! Any items not put in bags will be placed in the lost and found box which will be at T-2 in the Gear Back Checkout area. These bags will be transported to transition 2 and put in numerical order for you to pick up after the race. Cyclesmith SLC will be on hand with pumps race morning at T-1 to help inflate tires.

Q: Is there a warm up swim or ride on race morning of the Triathlon?

A: NO, neither one will be allowed. Bikes may not be removed from transition once you have checked your bike in. Athletes will be allowed to enter the water anytime between 5:45AM and 6:15AM. At 6:15 AM all athletes must exit the water for the Wave 1 Race Start (Professional Men & Women) at 7AM. No one will be allowed back into the water after that point until their official wave start time. Wave's will be assigned a couple days prior to the race and will be sent out in an email. They will also be listed on a poster during packet pickup.

Q: Do I have to check in my bike on Friday for the Triathlon?

A: YES, there is a MANDATORY bike check in on Friday from 2pm - 10pm at Island Bay. There will be overnight security in transition. There will be NO bike check in on race morning. Transition 1 will open back up at 4:45AM on Saturday morning for athletes to check their equipment and make any last minute preparations.

Q: How many water stations are on the run course? Will there be an energy gel provided?

A: TRIATHLON: There will be FIVE stations for the Triathlon. One per mile (1-5) and at one at the finish. Water, an electrolyte/carbohydrate drink and gel will be served. Gels will be available at miles 2 & 4 on the run course. There will also be aid stations at the exit of T-1 & T-2.

DUATHLON: There will be THREE aid stations on the duathlon run course, one every mile. There will also be an aid station at the duathlon transition area. Kiddie wading pools will be spaced every 1/2 mile on the run course for our canine duathlon competitors to drink out of and wade in. Gel will be provided at the Transition aid station and at mile 2 on the duathlon run. There is NO SUPPORT during the bike portion of the race.

Q: Can I have a friend or family member pick up my packet?

A: NO! Every participant must pick up their own packet and sign their own waiver.

Q: Do I have to wear the wrist band given to me at packet pick-up?

A: YES, all participants are required to wear the wristband until after your bike is removed from transition after your race. Race staff will put these on your wrist as you pick up your packet. This will serve as your identification for entering into the transition race morning, as well as, giving you access to the athlete Finish Fest area at the finish line after the race.

Q: Do I have to wear the swim cap for the Triathlon swim?

A: YES, the swim cap MUST be worn during the swim portion of the triathlon. The color given to each athlete is specific to your wave, so you cannot switch colors.

Q: What is the best place for spectators to watch the race?

A:

1. Swim Start Triathlon - Deer Creek Reservoir Island Bay (spectators must be shuttled in).
2. Swim Exit Triathlon - Deer Creek Reservoir Island Bay (spectators must be shuttled in).
3. Transition 1 Triathlon - Deer Creek Reservoir Island Bay (spectators must be shuttled in)
4. Transition 2 (Tri & Du) - Soldier Hollow Legacy Park
5. Run Course (Tri & Du) - Soldier Hollow Legacy Park
6. Race Finish (Tri & Du) - Soldier Hollow Legacy Park

Q: How do I know if I am registered?

A: There will be a start list posted on Active.com's website that will be updated throughout the registration period. If you register online, it will take a day or so to be processed and put on their website on the start list. Just go to the same link as race registration and there will be an option saying "Am I Registered" click there and you will be able to check your registration status.

Q: Are there any refunds, transfers or deferrals?

A: NO, All entries for individual participants are non-transferable. Upon successfully registering online, you have agreed to our no refund policy. Partial refunds/credit will be processed for medical reasons only. In order to receive a 50% event credit toward next year's race we must receive your cancellation request in writing (email or letter) 30 days prior to the race, along with an official doctor's note supporting the request (scanned and e-mailed or by letter). Those who sustain an injury after this date and would like to submit a request for an exception to our refund policy should email info@wasatchracing.com up to 14 days prior to the event, along with a verifiable doctor's note, for special consideration on a case by case basis. Refunds will not be processed for disqualification from this event for any reason, including disqualification during the event resulting from

USAT competitive rules or disqualification resulting from proven fraudulent information provided to obtain military or disabled athlete discounts. Those that have no way to verify qualification for race discounts for military and disabled athletes are encouraged not to apply for these discounts. There are no transfers of entry fees allowed at this event. Registration materials must be picked up by participant with a picture I.D. Participants and/or family members may not pick up packets for other athletes. Under USA Triathlon rules, participants found racing under another persons name will be disqualified and could be barred from USA Triathlon membership for one full year; this is a USA Triathlon rule. You will also be barred from racing in future Battle at Midway Triathlon events. By successfully registering for a Wasatch Area Race Production (WARP) event via Active.com (<http://www.active.com>), you have agreed to both the Active.com and WARP registration agreements.