

THE BATTLE AT MIDWAY RACE FESTIVAL

2009 SCHEDULE OF EVENTS

WEDNESDAY, JUNE 10TH:

5-8PM - Packet Pick-Up (Wasatch Running Center, Sandy): This will be your first opportunity to pick up your packets. Online registration for all races closes at the end of day Tuesday, June 9th or when the races fill (whichever comes first).



FRIDAY, JUNE 12TH:

2-9PM - Packet Pick-Up & BAM Expo (Soldier Hollow): Those wishing to still register for any event at this years BAM Weekend can register on site during the expo on Friday (2-9PM) during packet pickup. There will be NO PACKET PICKUP OR REGISTRATION ON SATURDAY MORNING! Packet pickup will be available for BAM-X athletes on Saturday from 3PM-4:30PM as well.

5PM - Kid's 3/4 Mile Fun Run (Soldier Hollow): Race will start promptly at 5PM, entire run will take place in the stadium/expo area of Soldier Hollow. Complete course maps are available online at www.bamtriathlon.com/course.html. Each child receives a t-shirt, award & refreshments at the finish line. Parents are welcome to run with their child!

6PM - NEW 9K Trail Run (Soldier Hollow): Race will start promptly at 6PM, athlete will race on the same course that the BAM Tri takes. Run is completely held within and on the Soldier Hollow trails Complete course maps are available online at www.bamtriathlon.com/course.html.

7:30PM - 9K Trail Run Awards Ceremony (Soldier Hollow)

2-10PM - Tri Bike Check-In (Island Bay - Deer Creek Reservoir): Bikes must be checked either during this time Friday night or from 4-6AM on Saturday (Sat. check-in only for those athletes who picked their packets up early Wed. night at Wasatch Running Center. Those athlete were given a special permit which will allow them access to the Island Bay venue Sat. morning, anyone without that pass will not be allowed entrance to drop their bike off race morning). Cyclesmith Bike Shop will have lots pumps on hand to help with tire inflation, they will also be able to help with any last minute repairs you might need. Security will be on hand all night to ensure the safety of equipment that is checked in Friday night. Transition is located in the parking lot of the Island Bay Swim Venue area of Deer Creek Reservoir.

SATURDAY MORNING, JUNE 13TH (BAM Tri & Sport Tri)

4-6AM - Bike Drop Off for Wed Packet Pickup Athletes: Those athletes that picked their packets up Wed. night will be able to drop their bikes off during this time. Only those vehicles with a special bike drop off pass (which was given to Wed. packet pickup athletes) will be allowed entrance into the Island Bay venue. Once inside the venue you will hand your bike to a waiting

volunteer and they will take your bike to your assigned rack position inside transition. You will then return back to Soldier Hollow to park your vehicle, set up your T-2 and catch a shuttle back to the swim venue.

4-8AM - Transition 1 & 2 Open: The transitions will be open.

6-8AM - Shuttle buses running to Swim Start: All spectators and athletes must take a shuttle to the race start at Island Bay. Shuttles can be picked up at Soldier Hollow.

8AM - Transition 1 & 2 Close: All athletes need to make their way to waters edge for final instructions and the National Anthem.

8AM - Race Start Wave 1: Start of wave 1, waves will go every 5 minutes. Final wave start times will be posted at packet pickup on Friday and at the swim venue on Saturday. The swim course will close 1 hour after the last wave goes off, and transition 1 will close 1 hour and 10 minutes after the first wave goes off.

9:45-10:15 - Shuttle buses running again back to Soldier Hollow Legacy Park: Spectators can be shuttled back to transition 2 and finish line at Soldier Hollow during this time.

8AM-1PM - BAM Expo Continues - Day 2 (Soldier Hollow)

8:30AM-12PM - BAM Finish Fest: Join us for a post race celebration, with bagels, fruit and other foods stacked a mile high, music, awards, friends, family and fun. To be held at the Soldier Hollow Legacy Park (Race Finish Line).

11:30AM - Bike Course Closes

8-12PM - Prize Give-Aways: Some great swag prizes and drawings that will be given away all day during the expo. Be sure to visit the prize drawing booth where we will have a running list of whose name's we have called and what they have one. Anything you win can be picked up at that tent.

12PM - Awards Ceremony: All awards will be presented during this time.

1PM - Run Course Closes

SATURDAY EVENING, JUNE 13TH (BAM-X Off Road Du & Doggie "Doo"athon)

3-4:30PM - Packet Pickup BAM-X Off Road Du: Last chance for BAM-X, pickup at Soldier Hollow, race starts at 5PM.

3-4:50PM - Transition Open (Transition located in Soldier Hollow Biathlon Area): The transition will be open for athletes to check their bikes and equipment in. Those competitors that are competing in the Doggie "Doo"athlon category, we ask that you please keep Fido out of the

transition area until it is time for them to enter the holding area after the first run portion of the race. We also ask that you clean up after your dogs in the expo & stadium area. Trash cans and plastic grocery bags will be available should you need to clean up any messes. Each competitor in the Doggie "Doo"athlon MUST HAVE A HUMAN HANDLER for their dog...those that show up on race day with out one WON'T be allowed to race, NO EXCEPTIONS!!! Complete course & transition maps for the Duathlon are available online at www.bamtriathlon.com/course.html.

4-9PM - BAM Expo Continues (Soldier Hollow).

4:50PM - Transition Closes

5PM - Start of BAM-X Off-Road Duathlon (Run Portion One, 3.1 Miles): Athletes must wear the bib number that was supplied to them at all times, either on the front of your jersey or on a race number belt.

8PM - BAM-X Bike Course Closes

8:30PM - BAM-X Awards Ceremony: All Overall awards and Doggie "Doo"athlon awards will be presented after the last competitor has finished.